



I used "Choices" this year with my Girls Groups at two middle schools, and it is THE best book that I have found, covering topics like drugs, alcohol, sex, rape and unplanned pregnancy. Not only is it an excellent teaching tool, it is a great book for at-risk youth. They identify with the character, not because she comes from a similar socioeconomic background, but because she is a believable teenage character. The book gave us the opportunity to talk about risky behavior and how to avoid it; it also gave us an opportunity to talk about local resources and places to access help. I highly recommend this book for young people and for those working with at-risk populations.

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